How To Kick & Mark a footy

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How To Kick a Footy

Materials

- Oval
- Group of friends
- Sport shoes [Runners]
- Footy
1. Hold the ball with two hands. Make sure the rope or lines are going down in a line of where you’re kicking.
2. Drop the ball onto your foot
3. Kick the ball with your leg: see how far you can kick it but you can’t kick it too far because the other person has to mark it.
4. The other person needs to get ready to mark the ball.
5. Do not panic or turn-around the other way!
6. Mark the ball with your hands out in front of your body.
Conclusion

Now you can play footy with your friends and ...

Have a Fun-tastic time!